

It's the Same Risk for Every
Pregnant Woman Everywhere.



Have a
healthy baby.
Be an
alcohol-free
mother-to-be.



DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

Drinking alcohol creates the same risk for every unborn child.

You could be rich or poor. It doesn't matter where you come from.

You still take the same risk if you drink alcohol during pregnancy. Alcohol passes through the bloodstream and hurts as many as 1 in every 100 babies born each year.*

It's the same risk for every baby hurt by alcohol. He or she can have lifelong problems. It's the same choice for every mother-to-be. Prevention is the only cure.

* May, P.A., & Gossage, J.P. (2001). Estimating the prevalence of fetal alcohol syndrome: A summary. *Alcohol Research and Health*, 25(3), 159-167.

**For information call SAMHSA's FASD
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